



USAGE INSTRUCTIONS

- 1] Before first use, remove the gel insert and place in the freezer for 1 hour
- 2] Place the gel insert into the ColdComp compression wrap
- 3] Place on the body and apply the compression straps to the desired level of compression
- 4] Leave the device on for 15 - 20 minutes

CARE INSTRUCTIONS

- 1] After use, place the gel insert back in the freezer so it is ready for the next use.
- 2] DO NOT expose the gel insert to direct sunlight
- 3] DO NOT place the gel insert into the microwave
- 4] DO NOT machine wash or iron your compression wrap

For more information on how to use your ColdComp® device, please visit our website at www.invocure.com